

HAVEN HOSPICE

Bereavement Groups



Children & Family Support

The Children's Bereavement Program of Haven Hospice at JFK Medical Center offers support to families facing an impending loss. The Children's Counselor of Haven Hospice provides parental consultations and guidance in understanding the psychosocial needs of children coping with an illness, as well as, one to one assessments with the child/children as warranted. As a bereavement program, most support occurs following the loss of a loved one. Haven Hospice's Bereavement Program offers a variety of grief support groups, a monthly Family Activity Night, grief assessments and referrals, all of which are free of charge. Community members are welcomed to avail themselves of these services should they have the need. For further information or inquiries, please contact Teresa Reitz, LCSW at 908- 873-6725.

Young Spousal Bereavement Group

For surviving spouses and significant others under age 55, whose loved one died within the last two years. Meetings are held on the 3rd Thursday of the month from 7:00-8:30 p.m. on the campus of JFK Medical Center in Edison, NJ. Assessment and registration is required. Please call 732-321-7000 X62377, option 1 for Heather Imperato, LSW for more information. The group is open to the community size permitting.

Touchstones – A General Loss Group

For adults who have experienced the death of a loved one within the last two years. Four 8 week series are offered throughout the year. The goal of Touchstones is to provide education about the grief process, to nurture a safe environment for the expression of grief and to connect members with one and other. Assessment and registration is required. Groups meet at JFK Medical Center in Edison, NJ on Monday evenings from 6:30-8:00 p.m. The group is open to the community size permitting. Please contact Heather Imperato, LSW at 732-321-7000 X62377, option 1 for more information.

Mending Hearts – A 55 & Older Spousal Loss Group

For surviving spouses and significant others 55 and older whose loved one died within the last two years. Four 8 week series are offered throughout the year. The goal of group is to help members navigate through the initial feelings of grief, to make new friends by reducing feelings of isolation, and to learn tools to begin to move forward. Groups meet on Wednesdays from 10:30 a.m.-12:00 p.m. at Whispering Knoll Assisted Living located across the street from JFK Medical Center. Assessment and registration is required. Please contact Heather Imperato, LSW at 732-321-7000 X62377, option 1 for more information. The group is open to the community size permitting. Whispering Knoll Assisted Living – 62 James Street, Edison, NJ 08818.



JFK Haven Hospice

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