

# ***Halal Meals***

*Bedside Bistro offers the following packaged Halal meals by J&M*

## ***Beef Stew***

*A satisfyingly delicious stew! It has chunks of lean beef, with potatoes, sweet peppers, tomatoes, cabbage, zucchini, chickpeas and carrots in a flavorful sauce.*

## ***Mediterranean Chicken***

*A hearty chicken meal with the flavors of the Mediterranean region, it has chunks of light and dark chicken, tomatoes, potatoes, chickpeas, and black olives in a tangy sauce.*

## ***Old World Stew***

*Chunks of lean beef, with brown rice, tomatoes, zucchini and pinto beans*

## ***Chicken & Black Beans***

*A scrumptious meal with chunks of light and dark chicken, black & kidney beans, tomatoes, potatoes, sweet peppers and corn.*