



For: Immediate Release  
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**JFK Medical Center Hosts Free Lecture  
Maintaining a Healthy Heart**

Edison, NJ - Heart disease is the number one cause of death in the United States and is a major cause of disability. Almost 29% of people (700,000) die of heart disease in the U.S. each year. It is especially important to reduce your risk factors, know the warning signs, and know how to respond quickly and properly if warning signs occur.

Heart disease is a vast term that includes several specific heart conditions. The most common heart disease in the United States is coronary heart disease, which can lead to a heart attack. Some risk factors can be avoided, but many cannot. Prevention is a key element to beating this disease.

Come to learn about the symptoms and risks! Anyone is welcome to attend. Bring your family and friends! Light refreshments will be served.

Speaker: Henry Altszuler, M.D. – Cardiologist at JFK Medical Center  
Date: Tuesday, February 10<sup>th</sup>  
Time: 6:00 pm  
Location: JFK Conference Center Classrooms  
(Across the street from the main hospital campus)  
70 James Street - Edison, NJ 08820  
More Info: To register, please call the JFK Public Relations Department at 732-632-1528.

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JFK Medical Center, an affiliate of Solaris Health System, is a 535-bed full-service, acute care hospital, consisting of The Anthony M. Yelencics Community Hospital and the adjacent JFK Johnson Rehabilitative Institute. Located in the heart of Edison, NJ, it has remained at the forefront of quality care in the region since its inception in 1967. Today, JFK accommodates more than 20,000 admissions, 3,000 births and 50,000 Emergency Room visits on a yearly basis. The Medical Center features a complete array of services, including general surgery, emergency medicine, mental health, orthopedics, maternity and pediatric care. It is home to the New Jersey Neuroscience Institute, Regional Cancer Center, Haven Hospice, JFK Imaging Center and the JFK Family Practice Center. Affiliated with UMDNJ -Robert Wood Johnson Medical School and Seton Hall University School of Graduate Medical Education, JFK offers residency programs in physical and rehabilitation medicine, family practice and dentistry.